



West M
POLICE

- A group of people stealing your shopping
- Someone beating you up
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- Family members taking your money
- A 'mate' coming round once a week and going out in his car for the afternoon and charging you £20 for petrol
- Your 'mates' coming to your house and forcing you to buy the food and drink
- Your boyfriend saying you should have sex with other people for money.



- People might pretend to be your friend online
- Keep your personal details safe and private
- Never give anyone your passwords
- For more information go to: www.thinkuknow.co.uk

- Tell lots of people
- Tell the police
- Tell your local safeguarding team
- Use a third party reporting centre like:

(only operates in certain areas)

Tel:

Email:

(operates a helpline:
Mon-Fri, 9am-5pm)

Tel:

Email:

You can report a Hate
Crime through their
website:

- Most of your mates are good mates and they don't want to hurt you or take advantage of you
- If you report a hate crime or mate crime you will be believed
- Your report will be taken seriously and investigated
- Don't be scared, just be aware of hate crime and mate crime.

- Real friends
- Family
- Supporters
- Neighbours
- Anyone who knows the victim



at their bank or local shop who might notice a change in their routine.

- Changes in routine, behaviour, household (e.g. new people visiting or staying over, lots of new 'mates', lots more noise or rubbish than there normally is)
- Unexplained injuries
- Being involved in sexual acts which they have not agreed to
- Losing weight
- Not taking care of themselves



- Bills not being paid
- A 'mate' who is not respectful or is bullying or undermining
- Suddenly short of money, losing their possessions or changing their will
- The person 'doing what they are told' by a 'mate'
- Showing signs of mental ill health
- Not being with the usual networks or friends/family or missing regular activities
- Goods or packages arriving at a person's house and then being collected by someone else
- The house in a mess after lots of parties.

